

**A WALKIN' MIRACLE**

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**MUSIC:** "A Walkin' Miracle" by The Essex CD "Original Hits- Rock 'n' Roll" –Disc 2 Track 21  
Download from Itunes (length 02.19) SLOW FOR COMFORT(suggest **43 rpm**)

**FOOTWORK:** Opposite, unless noted (woman's footwork in parentheses)

**RHYTHM:** **Jive** PH III + 2 (Spanish Arms, Shoulder Shove)

**SEQUENCE:** **Intro A, A, B, A, B, A, End** **February 2018 version 1.1**

**INTRO**

1-4

**[Low BFY fc WALL] WAIT 1 meas;**  
**PROGRESSIVE ROCK in 4; VINE 4 ; SLOW ROCK THE BOAT;**

- 1 Low BFY Fcg partner/WALL - lead ft free - Wait 1 meas;  
2 {Prog Rk 4} rk apt L, xRif, rk apt L, xRif ;  
3 {Vine 4} Sd L, XRIB L (XLIB R), Sd L, XRIF L (XLIF R) ;  
4 {Slow Rk Boat }Fwd L w/ straight knee leaning fwd,-, w/rocking motion and bent knees cl R,-;

**PART A**

1-4

**[CP/WALL] CHASSE L & R; CHANGE R TO L~ CHANGE L TO R [LOP/WALL];;**

- 1 {Chasse L & R} Blending to loose CP sd L/cl R, sd L, sd R/cl L, sd R;  
2-4 {Chg R to L} In CP WALL rk bk L to SCP, rec R, sd L/cl R, sd L comm 1/4 LF trn ;  
sd & fwd R/cl L, sd R, (W rk bk R to SCP, rec L, sd R/cl L, fwd R comm 3/4 RF trn under jnd  
ld hnds ; sd & slightly bk L/cl R, sd & bk L to LOP,)  
{Chg L to R} In LOP rk bk L, rec R, sd L/cl R, sd L comm 1/4 RF trn ; sd R/cl L, sd R comp  
1/4 RF Trn, (W rk bk R, rec L, fwd R/cl L, fwd R comm 3/4 LF trn under jnd ld hnds ;  
sd L/cl R, sd L comp LF trn to BFLY WALL,)

5-8

**SPANISH ARMS TWICE;; RK, REC [SCP], PT LOD, & HOLD-;**

- 5-7 {Spanish Arms twice} In BFLY WALL rk apt L, rec R, fwd L/R, L trng RF 1/4 (W trn LF ¼  
R/L, R und jnd lead hnds end wrap pos) ; sip R/L, R trng 1/4 RF (W unwrap L/R, L) to BFLY  
COH, rk apt L, rec R ; fwd L/R, L trng RF 1/4 (W trn LF ¼ R/L, R und jnd lead hnds end wrap  
pos), sip R/L, R trng 1/4 RF (W unwrap L/R, L) to BFLY WALL ;  
8 {Rk, Rec,Pt & Hold} Rk apt L, rec R, pnt L ft (R ft) twd LOD,-;

9-12

**2 FWD TRIPLES; SWIVEL 4; POINT STEP 4;;**

- 9 {Two Fwd Trpls} Blending to SCP LOD fwd L/cl R, fwd L, fwd R/cl L, fwd R ;  
10 {Swivel 4} In SCP LOD with swiveling action fwd L, fwd R, fwd L, fwd R ;  
11-12 {4 Pt Steps} In SCP LOD pt L fwd w/outsd edge of ft, step L, pt R fwd w/outsd edge of ft,  
step R ; pt L fwd w/outsd edge of ft, step L, pt R fwd w/outsd edge of ft, step R ;

**REPEAT A****PART B**

1-4

**THROWAWY[LOP/LOD]; CHANGE HNDS BHD BACK [LOP/ RLOD];;**  
**SHOULDER SHOVE;;**

- 1 {Throwaway} Fwd L/cl R, fwd L, Sd R/cl L, sd & fwd R to LOP LOD (W Fwd R/cl L,  
fwd R trng ½ LF in front of M; Sd L/cl R, sd & bk L);  
2-4 {Chg Hnds Bhd Bk} Rk apt L, rec R, chasse fwd L/R, L trng ¼ LF chg W's R hnd to  
M's R hnd beh M's bk; chasse sd & bk R/L, R cont trng ¼ LF chg W's R hnd to M's L LOP RLOD  
( Rk bk R, rec L, Fwd R/L, R trng ¼ RF, sd L/R, sd & bk L trng ¼ RF),,  
{Shoulder Shove} rk apt L, rec R; sd L/R, sd L toward ptnr bring M's L and W's R shoulders  
tog, bk L/R, L trng LF (W RF) to fc LOP RLOD;

5-9

**CHANGE HNDS BHD BACK[LOP/ LOD];.. LINK ROCK to SCP/LOD;;**  
**RK APT,REC, WRAP CHASSE [LOD]; Both RK BK,-, & PT ,- ;**

- 5-7 {Chg Hnds Bhd Bk} Rk apt L, rec R, chasse fwd L/R, L trng ¼ LF chg W's R hnd to  
M's R hnd beh M's bk; chasse sd & bk R/L, R cont trng ¼ LF chg W's R hnd to M's L  
( Rk bk R, rec L, Fwd R/L, R trng ¼ RF; sd L/R, sd & bk L trng ¼ RF), to LOP LOD  
{Link Rk} Rk apt L, rec R; fwd L/cl R, fwd L tog to CP, Sd R/cl L, sd R trng to SCP/LOD;  
8 {Rk Apt, Rec, Wrap Chasse } Rk bk L taking hnds in low BFY, rec R beg trng  
lady LF undr lead hnds , small chasse L/R, L continue trng lady to wrapd LOD  
(bk R jn both hnds, rec L, fwd R/L, R trn LF undr lead hnds wrapd LOD);  
9 {Both Rk Bk, -, &Pt LOD ,- } In Wrapd pos/LOD Rk Bk R, -, point L to LOD  
no weight , - (Rk Bk L, -, point R to LOD no weight , - ) ;

REPEAT A  
REPEAT B  
REPEAT A

END

1-4 **THROWAWY; SHOULDER SHOVE;,,RK, REC; WRAP,-, STEP BK, & HOLD ;**  
 1 {Throwaway} Repeat meas1 of Part B  
 2-4 {Shoulder Shove} rk apt L, rec R, sd L/R, sd L toward ptrn bring M's L and  
 W's R shoulders tog; bk L/R, L trng LF (W RF) to fc LOP LOD,  
 { Rk, Rec; & Wrap,- Step BK & Hold;} Rk bk L taking hnds in low BFY, rec R beg trng  
 lady LF undr lead hnds; L in place continue trng lady to wrapd LOD, -, bk R, - (bk R jn both  
 hnds, rec L comm Lf trn; fwd R cont LF trn undr lead hnds wrapd LOD, -,bk L,- ) ;

Head Cues

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INTRO

1-4 [Low BFY fc WALL] WAIT 1 meas;  
 PROG ROCK 4; VINE 4 to SCP ; SLOW ROCK THE BOAT;

PART A

1-4 (CP/WALL)CHASSE L & R; CHANGE R TO L~ CHANGE L TO R (LOP/WALL) ;;;  
 5-8 SPANISH ARMS TWICE;;; RK, REC (SCP) , PT , - ;  
 9-12 2 FWD TRIPLES; SWIVEL 4; POINT STEP 4;;

PART A

1-4 (CP/WALL)CHASSE L & R; CHANGE R TO L~ CHANGE L TO R (LOP/WALL) ;;;  
 5-8 SPANISH ARMS TWICE;;; RK, REC (SCP) , PT , - ;  
 9-12 2 FWD TRIPLES; SWIVEL 4; POINT STEP 4;;

PART B

1-4 THROWAWY (LOP LOD); CHG HNDS BHD BK (LOP/RL0D);,, SH SHOVE;;  
 5-9 CHG HNDS BHD BACK (LOP/LOD);,, LINK ROCK to SCP/LOD;;  
 RK APT,REC, WRAP CHASSE (LOD); Both RK BK,-, & PT , - ;

PART A

1-4 (CP/WALL)CHASSE L & R; CHANGE R TO L~ CHANGE L TO R (LOP/WALL) ;;;  
 5-8 SPANISH ARMS TWICE;;; RK, REC (SCP) , PT , - ;  
 9-12 2 FWD TRIPLES; SWIVEL 4; POINT STEP 4;;

PART B

1-4 THROWAWY (LOP LOD); CHG HNDS BHD BK (LOP/RL0D);,, SH SHOVE;;  
 5-9 CHG HNDS BHD BACK (LOP/LOD);,, LINK ROCK to SCP/LOD;;  
 RK APT,REC, WRAP CHASSE (LOD); Both RK BK,-, & PT , - ;

PART A

1-4 (CP/WALL)CHASSE L & R; CHANGE R TO L~ CHANGE L TO R (LOP/WALL) ;;;  
 5-8 SPANISH ARMS TWICE;;; RK, REC (SCP) , PT , - ;  
 9-12 2 FWD TRIPLES; SWIVEL 4; POINT STEP 4;;

END

1-4 **THROWAWY; SHOULDER SHOVE;,,RK, REC; & WRAP, HOLD,-,- ;**